

ABC Observation Form

General Mood: I) Pleasant II) Agitated III) Tired IV) Manic V) Anxious VI) Depressed VII) Other: _____ VIII) Other: _____

Triggers: A) Negative comment from other patient B) Denied activity C) Denied item D) Asked to do task E) Other: _____

Behaviors of Concern: 1) Posturing 2) Threatening 3) Agitation 4) Aggression to Property 5) Self Injury 6) Profanity 7) Negative self-statements
8) Other: _____ 7) Other: _____

Precursor Behavior: The behavior that preceded the behavior of concern (the behavior that required intervention). Use anything from the list above.

Date/ Time	Dura- tion of Episode	General Mood During shift or during previous shift (if behavior occurred at the beginning of shift)	Triggers What occurred immediately before the behavior?	Precursor Behavior (What behavior preceded behavior of concern)	Behavior(s) of Concern	Maintaining Consequences What occurred immediately after the behavior? What did caregiver or peers do?	Comments What else do you think is important about this behavior episode?	Initials
Ex. 5/1/07 1pm	20 mins.	II	A	II, 1, 2, 3	5	Staff intervened. Required restraint and medical attention.	Has frequent altercation with this particular patient.	RG